

# Mirror The Compass Leader



Select four students. Designate a student to stand at either the north, east, south or west side of the classroom.

Class faces the north leader and follows his/her actions (see below for suggested actions).

After two or three actions, class turns a quarter turn to face east. East leader leads class in new actions. Continue this quarter turning, following the directions of each new leader.

- Skip on one leg for four counts then alternate
- Touch toes then reach for ceiling do this four times
- Run quickly on the spot for a count of four
- Hands and arms straight out from body, bend your knees and slowly go down into a sitting crouch, slowly rise – four times

**Variation:** Have students select their own activities. i.e., motions of a swimmer, variety of jumping motions.

## CURRICULUM LINKS:



**Social Studies: Map, Globe, and Graphic Skills**

**Grade 4:** Use the cardinal and intermediate directions, non-picture symbols, and colour on a map to locate and describe physical regions



**Mathematics: Geometry and Spatial Sense**

**Grade 4:** Identify, perform, and describe reflections

**Grade 6:** Identify, perform, and describe rotations of 180° and clockwise and counterclockwise rotations of 90°



**EQUIPMENT:** None