

Human “Rock, Paper, Scissors”



Divide the class into partners and review the actions (listed below).

Instructor calls out the start.

Students jump on the spot two times.

On the third jump, students perform one of these three actions:

- Rock = crouch down low and touch floor
- Paper = Stand tall with arms stretched wide and legs in an open stance
- Scissors = Stand tall with arms crossed above head and legs crossed

Rock beats scissors, paper beats rock, and scissors beats paper.

Students continue to jump on the spot until instructor calls for a movement to a new partner.

Continue for ten minutes.

Variation: Students can keep score of how many challenges they win.

CURRICULUM LINKS:



Mathematics: *Data, Management and Probability*

Grade 4: *Predict the frequency of an outcome in a simple probability experiment, conduct the experiment, and compare the results*



EQUIPMENT: CD player, DPA CD
CD Track # 7