

HOUSE ROCK TREE



ACTIVE BRAIN BREAK

1. **PLAY** music
2. Music **STOPS**
3. Form **GROUPS** of three
4. **QUICK!** Each group needs a...



HOUSE

ROOF
OVER
HEAD



ROCK

DUCK
AND
COVER



TREE

ARMS
STRETCH
TO SKY

5. **REPEAT** for 2 minutes