

DPA Activity Idea 1: Alphabet Soup

Age Range: Grades 1-5

Equipment Needed: None

The Nitty Gritty:

Make sure the students are in a large area where they have lots of room to walk around.

Instruct the students to move around the room in various ways, walking in curvy lines, skipping, etc.

Each time you call out a letter the students must walk in the shape of that letter.

Encourage them to try different pathways - they can write in cursive or even bubble letters.

Continue to call out letters periodically.

How to tie it into the curriculum: English: Writing Skills

Source: Healthy Schools Resource Guide 2005

